

## 1 Complete the dialogue with the words below.

a few   a little   a lot   how many   how much   many   much   much

**Ava** I don't feel very well.

**Dad** I don't think you eat and drink <sup>1</sup>\_\_\_\_\_ healthy food.

**Ava** I try to eat healthy food.

**Dad** <sup>2</sup>\_\_\_\_\_ cakes do you eat every day?

**Ava** I only eat <sup>3</sup>\_\_\_\_\_.

**Dad** Well, there's <sup>4</sup>\_\_\_\_\_ of sugar in cakes. <sup>5</sup>\_\_\_\_\_ coffee do you drink?

**Ava** Only <sup>6</sup>\_\_\_\_\_. I usually drink about six cups a day.

**Dad** Six! That's four cups too <sup>7</sup>\_\_\_\_\_. It's bad for you. And you don't eat <sup>8</sup>\_\_\_\_\_ fresh fruit.

**Ava** I prefer crisps!

**Dad** Well, I think it's time to change your diet.

## 2 How much of these things do you eat and drink every day? Tick the correct boxes for you.

	none		a little / a few		some		a lot	
	you	your partner	you	your partner	you	your partner	you	your partner
fruit								
vegetables								
meat								
fish								
cake								
chocolate								
crisps								
fizzy drinks								
coffee								
water								

## 3 **SPEAKING** Work in pairs. Ask and answer questions about how much or how many of the things your partner eats and drinks and tick the correct boxes. Has your partner got a healthy diet?

How much fruit do you eat?

A little.

How many vegetables do you eat?

A lot.

## **4D** *how much / how many, much / many / a lot of, a few / a little*

**Aims:** To review and practise *how much / how many, much / many / a lot of, a few / a little*.

**Time:** 10–15 minutes

**Materials:** 1 handout for each student

### **Exercise 1**

- Give each student a handout and ask them to read through the dialogue quickly on their own. Ask: *How many cups of coffee does Ava drink every day?* (six)
- Students complete the dialogue with the words in the list. Remind them to think about whether the words are countable or uncountable. Set a time limit of two minutes.
- Check answers by going round the class and asking students to read sentences from the dialogue.

### **KEY**

- 1 much
- 2 How many
- 3 a few
- 4 a lot
- 5 How much
- 6 a little
- 7 many
- 8 much

### **Exercise 2**

- Students look at the table and tick the correct boxes according to how much they eat and drink.
- Check they understand the meaning of *fizzy drinks*.

### **Exercise 3**

- Students work in pairs to ask and answer questions with their partner.
- With a **weaker class**, you might want to elicit and drill the questions that they need to ask.
- Set a time limit of three to five minutes.
- Check answers with the class and try and find out which student has the healthiest diet.